

Mr Colin Brooks мp Minister for Child Protection and Family Services Minister for Disability, Ageing and Carers



Tuesday, 19 July 2022

SHAPING THE LIVES OF VICTORIAN SENIORS TO LIVE WELL

Senior Victorians are being invited to have their say and help shape government services, with the opening of Australia's largest research project of its kind examining their experiences.

Minister for Disability, Ageing and Carers Colin Brooks today launched the *Ageing Well Survey* alongside Commissioner for Senior Victorians Gerard Mansour, who will oversee this important piece of community consultation.

This year's survey invites senior Victorians to have their say on a range of issues including wellbeing, ageism, digital inclusion, social connectedness, health and self-care. Participants can also share their experience of the pandemic and the support they need to re-connect and participate in the community.

The findings of the survey will inform the Commissioner's ongoing advocacy on behalf of older Victorians, including advice to the Victorian Government, and the implementation of the Victorian Government's recently launched *Ageing Well Action Plan* (2022-2026).

The survey builds on the findings of the Commissioner's 2020 report 'Ageing well in a changing world', which drew on the insights of more than 5000 senior Victorians.

The 2020 report identified eight themes of ageing well, including respect, financial and personal security, health autonomy and mobility, and priority areas for action.

Victorians aged 60 and over and Victorian Aboriginal and Torres Strait Islander people aged 50 and over are invited to take part in the survey. Friends, families, carers and community elders who support senior Victorians are encouraged to help them take part.

The survey takes approximately 15 minutes to complete and closes on Sunday, 7 August. Visit www.seniorsonline.vic.gov.au/survey.

Quote attributable to Minister for Disability, Ageing and Carers Colin Brooks

"Seniors are an important and growing part of our community and this survey will ensure their voices are heard as we work to improve life for all older Victorians."

Quote attributable to the Commissioner for Senior Victorians Gerard Mansour

"I encourage all older Victorians to have their say through the Ageing Well Survey. The survey gives you the chance to share your experience of ageing, raise important issues and highlight the support you need to age well."