

Media Release

The Hon Luke Donnellan MP
Minister for Child Protection
Minister for Disability, Ageing and Carers



Thursday, 12 November 2020

HELPING VICTORIANS TO AGE WELL

Landmark research bringing together the voices of almost 5000 older Victorians will guide the care, support and services needed for Victorians to age well.

Minister for Disability, Ageing and Carers Luke Donnellan today launched the *Ageing Well in a Changing World* report, which identifies what seniors in regional Victoria and metropolitan Melbourne say they need to thrive in their later years.

The groundbreaking research, one of the largest of its type undertaken in Australia, was led by the Commissioner for Senior Victorians Gerard Mansour.

The Ageing Well report found that while 70 per cent of participants experienced some level of satisfaction with their quality of life as they aged, the study identified eight attributes to ageing well. These include respect, financial and personal security, health autonomy, mobility, purpose and connection to family, friends and society.

To respond to the findings, a Senior Victorians Advisory Group is being established with representatives from sector and peakbody groups and importantly older Victorians and chaired by the Commissioner.

The Advisory Group will guide future Government support and investments for senior Victorians as we emerge from the coronavirus pandemic.

To support older Victorians throughout this year in line with public health advice, the Victorian Government invested nearly \$10 million for new initiatives to reduce social isolation, including the reimagined Senior Festival, proactive wellbeing checks and connections to local community supports, as well as dedicated services for those not online.

The Ageing Well report is available online at: <https://www.seniorsonline.vic.gov.au/services-information/commissioner-for-senior-victorians/ageing-well>

Quote attributable to the Minister for Disability, Ageing and Carers Luke Donnellan

"I thank every older Victorian that contributed to this vital research and acknowledge the valuable insights they have provided."

"By setting up the advisory group, we're ensuring that the views of older Victorians are considered in everything we do – as we continue to create inclusive and supportive communities."

Quote attributable to the Commissioner for Senior Victorians Gerard Mansour

"I am pleased to see the government has taken the first step and look forward to working together towards a more inclusive Victoria."